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Your essential daily news | thursday, september 29, 2016

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Roaches returi

INFESTATIONS

Fourteen **Ottawa schools** are battling bugs right now



Emma **Jackson** Metro | Ottawa

The cockroach infestations at 10 urban schools are "no better or worse" than the past years, Ottawa's public school board says.

Eight elementary schools and two high schools are currently battling cockroaches with glue boards and insectkilling gels, according to Ottawa-Carleton District School Board spokesperson Sharlene Hunter.

Connaught, Devonshire, Elgin Street, Hilson Avenue, Manor Park, Queen Mary, Riverview and WE Gowling public schools all have the bugs, as well as Ottawa Technical High School and

School, the board confirmed.

The Ottawa Catholic board is dealing with similar issues at four schools.

Hunter said it's not an issue of poor housekeeping or aging facilities. Often the bugs enter the school as egg sacks on food or clothing from an infected home.

The board is working with its school councils to try and limit the spread of pests, she

"Our best strategy is to work together as a community," said in a statement.

For now, the eight affected schools are setting out poisons where students don't usually go - behind refrigerators, in drains and around sinks — to try and stop the infestations. Hunter said the bug's long life cycle makes it dif-

Fumigation isn't on the table right now, but individual schools would get advance notice if the infestation required it, she said.

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(E)CANDEREL

Manager alleges illegal search

Man shot in front of Suya **Spot restaurant** on weekend



Adam For Metro | Ottawa

The manager of the Suya Spot Restaurant and Lounge is speaking out after a man was fatally shot outside his establishment over the weekend.

Reynolds Okoh lamented the fact that his restaurant has been the target of both violence and what he says is a heavy police presence.

He told CBC Ottawa that, in one case, police entered the restaurant without providing him with a warrant.

Police reject Okoh's claim, according to CBC, saying the district chief had an entry warrant for the May 22 search.

People had locked themselves inside the restaurant and refused to allow a fire inspector to enter, according to acting Staff Sgt. Anthony Skinner.

The CBC reports a tactical police team was called into help the inspector enter the restaurant. Okoh provided the broadcaster with video surveillance footage of the incident. Seven fire code charges were subsequently laid.

Metro's efforts to contact Okoh on Wednesday were unsuccessful. The restaurant remained closed until at least 4



The door to the Suya Spot in Carlington remained closed and locked yesterday at least until 4 p.m. — an hour after it was scheduled to open. HALEY RITCHIE/METRO

It's clearly a magnet for trouble and for problems whether it's something annoying like noise and fighting or something deadly like the murder we saw.

Mayor Jim Watson

p.m. — an hour after it was supposed to open.

Police and people who live in the surrounding Carlington neighbourhood have raised concerns about the restaurant.

River ward Coun. Riley Brockington has called for the restaurant to close following the death of 26-year-old Abdi "Ajax"

Jama, who was shot nearby this past weekend and later died in hospital.

There's been pushback from the community going back quite a few years, and now here we are with a homicide, a man losing his life, and no one's totally clear what they can do to respond," said Carlington community association president Cameron Ketchum.

There have also been media reports that the landlord of the

strip mall in which the Suya Spot is located will ask the Suya Spot to close. Brockington and Police Chief Charles Bordeleau have echoed that call.

But Okoh told the CBC his restaurant is being treated unfairly. He says he did not personally know Jama, nor is he a member of any gang. Okoh also told CBC he cannot be expected to be responsible for anything that occurs outside his restaurant.

Mayor Jim Watson also

weighed in on Wednesday.

"Ĭt's clearly a magnet for trouble and for problems, whether it's something annoying like noise and fighting or something deadly like the murder we saw," Watson said.

Asked if closing the business will make a difference, the mayor replied: "If it's replaced by something else that's more conducive to a family neighbourhood instead of a hangout, it might.".

September 30 – October 2

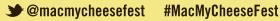
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Hydro hike disparities

ENERGY

Group critical of move to ding homes using less electricity



Halev Ritchie Metro | Ottawa

Hydro Ottawa submitted an application to the Ontario Energy Board to change the rates in mid-August.

Most electricity bills will see a modest uptick, but the increased rates don't apply evenly.

Instead, households that use the smallest amount of energy will see the biggest increase, while large users of electricity will see the lowest increase.

Residential households that use 232 kWh will see an increase of \$2.67 (a 15 per cent increase) in their distribution charge, while households that use 750 kWh will see their bill go up by 49 cents (a 0.16 per cent increase).

Michael Murr, executive



Households that use the smallest amount of energy will see the biggest increase, while large users of electricity will see the lowest increase. Darren Calabrese/The Canadian Press

director of EnviroCentre, said even if the rate increase only works out to be a couple of dollars, it sends a contradictory message to consumers.

"I would just simply say that it does send the wrong message to hydro customers who



It does send the wrong message to hydro customers.

Michael Murr

have worked hard to use less electricity," he said. EnviroCentre is a non-profit

that works with the City of Ottawa and Hydro Ottawa to encourage customers to reduce their consumption. Murr said people cut back their usage

for a variety of reasons, some financial and some environ-

"The one point I would keep in mind is for those users that have in fact used less electricity, it still doesn't diminish the value of the work that they've done to reduce their electricity to date. Those families are still saving money, they're still reducing their impact on the environment. So that's a bit of a consolation," he said.

In their strategic direction document, Hydro Ottawa notes that the business is moving toward "incrementally transitioning residential customers to a fully fixed distribution charge by 2020," as directed by their board.

The only group to file an intervenor request so far against the application is the School Energy Coalition.

Legal counsel for the organization told Metro they aren't necessarily opposed to the change, but regularly intervene on major rate applications and do a thorough review. The review for Hydro Ottawa's application hasn't been completed yet.

CAP-AND-TRADE

Costs won't appear on gas bills

Ontario's Liberal government is defending the decision not to display the costs of its cap-andtrade program to fight climate change on natural gas bills.

The Ontario Energy Board this week told natural gas companies to separately show their costs of cap-and-trade on tariff sheets posted on their websites, after ruling earlier that those costs would not be listed on

Energy Minister Glenn Thibeault says the energy board views the costs of the program designed to reduce greenhouse gas emissions like labour or pipes or any other cost of doing business, which are not shown.

Thibeault says he "respects" the decision by the OEB, which he describes as "a quasi-judicial organization that looks after bills in the natural gas sector," while the government is responsible for electricity bills.

The Liberals predict cap-andtrade will add about \$5 a month to residential natural gas bills when the program starts January 1, but insist they can't tell the energy board what to display on those bills. The Canadian Press



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Sen Ceenfuers



Toronto-based singer Ammoye performs at the 2017 Juno announcement. HALEY RITCHIE/METRO

Exhibit to hit right notes

Music-themed display comes to Elgin Street for Juno awards



Haley Ritchie Metro | Ottawa

A music-themed exhibition will be coming to Elgin Street in time for the 2017 Juno Awards and the Canadian Council for the Arts is looking for someone to put it together.

The exhibition is being planned for Âjagemô Hall, the 3,000-square-foot public space on the ground floor of 150 Elgin Street, the building that houses Shopify and KPMG. The art display will be installed in February and remain up until August 2017.

Âjagemô will serve as the "Juno House," where official announcements will take place, as well as various events in lead-up to the awards night.

The art exhibition will be a backdrop for those activities.

"The curator will be someone who knows and loves music, the history of Canadian music and has national connections to the music industry," reads a request for proposals published this week.

"They will lead the creation and implementation of an exhibition with a music focus showcasing works and displays related to Canadian music and musicians recognized by the Junos and supported by the Canada Council," it continues.

The content in the exhibition will have to be appropriate for all ages, and the gallery will have an online version.

The curator can work in English or French.

The proposed budget for the exhibition is \$40,000 to include curator fees, travel expenses, photography and the fees to loan works.

ROAD SAFETY

New penalties for drug-impaired driving

Police in Ontario will soon be able to suspend the licences of drug-impaired drivers, with the same penalties that drunk drivers

Starting on Sunday, drivers impaired by drug use will face a \$180 fine,

and a licence suspension of three days for the first occurrence, then seven days for the second time and 30 days for subsequent ones after failing roadside

After more testing at a police station, drivers could face a 90-day licence suspension. THE CANADIAN PRESS PRIVATE TRANSPORTATION

Uber says it will have licence by Friday



Jackson Metro | Ottawa

Uber will have its licence in hand when the new taxi bylaw takes effect this Friday, the company said Wednesday.

The city's new taxi service bylaw will legalize ride-share companies, and Uber spokesperson Susie Heath said her company has already started the application process.

'(We) intend to be fully compliant by Friday," she said in an email.

Council voted to legalize Uber in April, amid angry protests from the traditional taxi industry.

Under the new rules, Uber is considered a private transportation company and will operate under a "buyer beware" approach. Drivers must have proper insurance, and can only accept rides arranged through the app

— they won't be allowed to use taxi stands or accept street hails. They also can't accept any cash.

There were changes for cabbies, too, including reduced driver fees and the option to offer variable rates for rides arranged

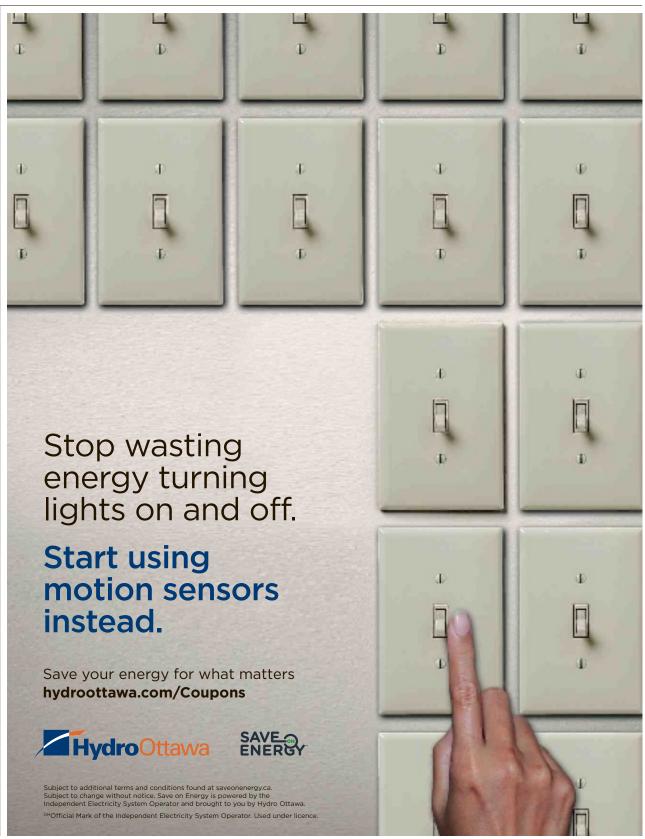
through an app.
Coventry Connections
president Hanif Patni has hinted his company will take advantage of that rule change to offer more competitive fares.

But there's no doubt a legal-

ized Uber will up the ante for its competition. This week, Uber announced it had reached a service agreement with the Ottawa airport — the first of its kind in Canada, according to Heath.

Mayor Jim Watson said competition is good.

"I still think there's room for both in a very competitive market, and at the end of the day hopefully consumers win by a better service and a better fare,' Watson said.



Small Halls no longer small-time

BACKSTAGE PASS

Festival brings big music to 24 rural communities



There aren't too many places in the world that will exchange

homemade meals, laundry and good local company for a few hours They fully embrace towns—includof good quality live music — unless you travel through eastern and southern Ontario in September.

Twenty-four

communities across rural Ontario have been transformed into premiere music venues over the last three weekends for the Festival of Small Halls, a multi-weekend festival that brings big music to small

what we are

doing and they

fully embrace the

musicians.

Festival general manager

Kelly Symes

Thursday, September 29, 2016

And the towns have been so embracing, they've cooked community meals, opened up their homes and have even done laundry for smelly indie rock bands who have been living on the road for months. Talk about being appreciative.

"The shows that we bring in end up being the big event in town for that night or that weekend, so we are getting a lot of local support," says

festival general manager Kelly Symes, adding that these ing Smiths Falls and Mississippi Mills, among others — really create a vibe for the entire weekend.

"In a lot of places, there

will be a community dinner that is held before the show. The shops are staying open late so people can do a big sidewalk shop and then head over to the show."

Small Halls is all about the



Jim Bryson plays the Festival of Small Halls this weekend.

'experience," says Symes, and building the perfect one has led to such buy-in from the

locals. They all come out to the community supper at the local church, then they all

walk down the street to the Legion, or the community hall, together. They see the show, together, they buy the vinyl and the T-shirt.

A week later, it's become fodder at the local cafe or watering hole. The Festival of Small Halls is definitely making an impact in Ontario.

They fully embrace what we are doing and they fully embrace the musicians," adds

Even "embracing" would be a vast understatement. During the festival's first weekend, bands and organizers got the "royal treatment" in Seely's Bay – a home cooked meal at the local retirement centre, fresh baked bread and breakfast the morning after the show, and Massachusetts indie folkers Darlingside woke up to all of their dirty laundry washed, dried and folded.

"That was just out of the kindness of their hearts; we didn't have to pay for that, they took care of everything," adds Symes.

It's no wonder these small towns have been so receptive, because the bands brought in



Check out all the shows at www. thefestivalofsmallhalls.

really have been "big."

The first two weekends of the fest have seen the likes of Basia Bulat, Sheesham and Lotus & 'Son, Elliot Brood and Australia vintage country soul band Hat Fitz and Cara, just to name a few.

This weekend's final showing boasts The Devin Cuddy Band, Harrowfair and Ottawa's own Jim Bryson, and will likely draw similar reaction from locals in Smiths Falls, Gananoque, Mississippi Mills, Lyndhurst, Pakenham and Burritts Rapids.

And all the bands are paired with local bands in each town, giving emerging talent another chance to reach wider audiences and connect with other bigger acts in the industry.

Take a drive south this weekend and you'll likely get a lot more than you bargained for.





Mountain bike park gets the green light

Some residents upset over lack of consultation



A new mountain bike track has been approved for Carlington Park, but at least one councillor is concerned the community was left out of the process.

'We heard very clearly at committee issues around who was consulted, and how they were consulted," said Coun. Keith Egli, who joined Coun. Rick Chiarelli in voting against the new facility.

The Ottawa Mountain Bike Association wants to build a dirt "pump track" and skills area at the top of the Carlington Park tobogganing hill. On Wednesday, council gave staff the green light to draft a contract to let the volunteer group develop the park at their own cost.

But some residents have de-



Wendy Tucker, second from left, sports a Save the Hill T-shirt in an effort to kill a mountain bike proposal in Carlington Park. EMMA JACKSON/METRO

cried the consultation process, which was largely limited to the Carlington neighbourhood despite the large park drawing users from across the west end.

"Copeland Park, McKellar Park, Central Park — extreme, heavy users of this area — (they had) no consultation, no input," said Wendy Tucker, who came to council in her homemade Save the Hill T-shirt.

The Carlington Community Association led the consultation process, and made the bike park a prominent issue at its annual general meeting last spring. Only paid members could cast a vote on the matter.

City staff didn't do any official public consultations because the project is volunteer-led, parks manager Dan Chenier said at committee.

The mountain bike project is billed as Phase 1 of a possible four phases, which would eventually expand the park to include downhill trails, climbing trails and jumps.

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Barrhaven resident Susan Enns stands in front of the Wall of Hope at last year's CIBC Run for the Cure in Ottawa. She shared a bit of her and her family's cancer story ahead of this year's run, taking place Oct. 2. CONTRIBUTED

Family has history of cancer, survival

That legacy inspired woman for eight years now, surrounded to volunteer eight years now



Adam Kveton For Metro | Ottawa

Susan Enns says she remembers it perfectly: Aug. 13, 2013. That was the day she was diagnosed with breast cancer.

"I won't lie to you — your heart skips a beat. Probably two," she said.

You might think the diagnosis would have been even more terrible for the Barrhaven resident, given that her family has a long history of breast cancer.

'One in nine Canadian women are diagnosed with breast cancer in their lifetime," said Enns. "In my family, it's about one in two, a virtual coin

But she says it has taught her

Enns has been a volunteer for the CIBC Run for the Cure by supporters, survivors and their families at the event, which draws tens of thousands of participants across the country.

In addition to that, Enns's family history meant that she has known for many years she was at high risk of a cancer diagnosis. All that support has given her strength, she said.

"It was a scary thing (to be diagnosed) but the whole idea for us was always, 'OK, yeah, we've been thrown a curve ball. Let's dig in the back foot and swing for the fence and hope for the best."

Enns has personally seen and felt the positive effects of research into breast cancer.

Just a few weeks ago, Enns was shopping and wearing a Run for the Cure T-shirt, which another woman asked her about. It turned out she was a 10-year survivor, said Enns, and "was part of the clinical trial of the same treatment that is now standard and that saved my life."

Similarly, Enns's youngest cousin in Vancouver, who is dealing with breast cancer as well, was put on another treatment, which Enns was part of the clinical trial for. Her cousin has had to fight cancer off multiple times, and will be participating in the run in Vancouver.

"We've seen huge advances," said Enns. "She wouldn't be here, I wouldn't be here ... I'm living proof that research saves lives.

But more research is needed. For instance, Enns and her family have tested negative for all known genetic mutations that can give rise to breast cancer, and yet they know it runs in their family.

Enns is proud to say that she is a breast cancer survivor, and said she is buoyed every year by the thousands of runners in pink who take part. But she said she hopes her story encourages more women to get tested.

The run takes place across the country on Oct. 2. Enns women in four different time zones will be participating.



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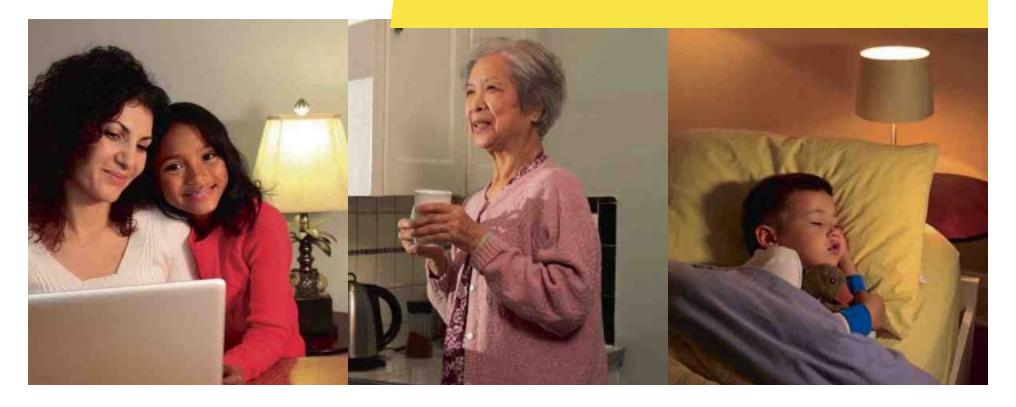


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Ottawa Mayor Jim Watson says, like it or not, Ottawa needs the **Ontario Municipal Board.** EMMA JACKSON/METRO

Board has issues, but is vital: Mayor

MUNICIPAL MATTERS

Oversight body critical in a democracy, says Watson



Like it or not, Ottawa needs the Ontario Municipal Board, Mayor Jim Watson said Wednesday.

"In a democratic society, you need some mechanism to appeal a decision, and if it's not the OMB, it's the court system, which is significantly more expensive," Watson said after council. "Are there ways to improve it? Certainly. But not throwing it out, because you need to have some mechanism for people to appeal a bad decision by city council."

Watson's comments follow a letter sent by six Ottawa city



It can cost community associations \$40,000 or more to hire legal and planning help.

councillors to the province suggesting the unelected municipal appeals body, if not outright abolished, should be limited to judicial review when dealing with the planning decisions.

Councillors Riley Brockington, Jeff Leiper, Catherine McKenney, Mathieu Fleury, Tobi Nussbaum and David Chernushenko sent the letter to the Ministry of Municipal Affairs last week as part of the province's ongoing review of the board, which can overturn council decisions, including parts of the Official Plan.

The councillors argued that large municipalities like Ottawa spend millions each year on transportation and land-use planning and employ experts in those fields, but the threat of an OMB appeal can undermine how staff pursue the city's goals.

"Even where a municipality may wish to deny a zoning application, the uncertainly and cost associated with appeals may lead decision-makers down the path of least resistance," the letter said.

The councillors also argued the status quo "freezes out community participation," and suggested that, if the OMB does remain, the province should help residents participate more fully in the hearings.



Ontario Municipal Board hearing Glebe holiday hours case

A war over holiday hours in the Glebe is being hashed out before the Ontario Municipal Board this week.

Glebe businesses, represented by the area's business improvement area, are asking that as a tourist destination they should be exempt from laws that require shops to close on stat holidays.

City council voted in February to allow the businesses to remain open, but the Ottawa District and Labour Council appealed the decision to the OMB. While the hearing is scheduled to last three days, a final decision from the OMB judge could take months to be released. HALEY RITCHIE/METRO

GENDER EQUALITY

PM meets with UN ambassador Emma Watson



Haley Ritchie Metro|Ottawa

Actor Emma Watson paid a visit to Parliament Hill to kick off the One Young World Summit on Wednesday.

The international summit is being hosted in Ottawa over the next three days. The conference brings together young leaders from around the world to network and attend seminars on global issues like terrorism, peace and poverty. Prime Minister Justin Tru-

Prime Minister Justin Trudeau met with the "Harry Potter" actor and United Nations Goodwill Ambassador in his office to talk about gender equality.

Watson congratulated Trudeau on his gender-equal cabinet and said she was "delighted" to be in Ottawa.

Trudeau and Watson were both sporting pins with a symbol from the HeForShe campaign — a gender equity project launched in September 2014 and considered the first of its kind at the United Nations.

Last week, Trudeau was named the youth movement champion for the campaign.

The One Young World summit continues until Saturday, with a number of high profile guests include Ghanaian diplomat Kofi Annan, Sen. Murray Sinclair and singer Cher. WITH FILES FROM THE CANADIAN PRESS



Prime Minister Justin Trudeau and actor Emma Watson.

ADRIAN WYLD/THE CANADIAN PRESS



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This service dog has to go

Alzheimer's patient not allowed to keep helper in condo

The Manitoba Human Rights Commission is investigating a complaint about a woman with Alzheimer's being told by her condominium board that she

can no longer keep her specially trained dog.

Donna Davidson's son Murray says he trained the sheltie named Kaos to lead his mother to and from her husband's care home.

Murray Davidson says the dog has been registered with Service Dogs of Canada along with a doctor's note stating the necessity of his mother having the animal.

The condo board says they have a strict no-pets policy and don't believe Kaos is a legitimate

Board chairman Bruce Macfarlane says if the dog met Assistance Dogs International's standards, it would welcome the animal.

The human rights commission says for an animal to be considered a service dog, it must be trained to assist a person with a disability, and the work performed by the dog must be directly related to its owner's physical or mental disability.

But they do not have to be accredited by any specific organization.

Commission executive director Isha Khan. "Some provinces have gone that route, but Manitoba has not."

Murray Davidson says the dog is crucial to his mother's safety.

"I just feel better knowing that if she's out anywhere, the dog knows how to get home, and she will always get home," he says. THE CANADIAN PRESS



Kaos — a sheltie like this dog — is trained to lead Donna Davidson to and from her husband's care home. TORSTAR NEWS SERVICE

PM's food bill tough for Tories to swallow

Passengers who accompanied Prime Minister Justin Trudeau on his first two international trips were apparently well fed.

The government has revealed, in response to a written question by the Conservatives, that the cost of food and beverages supplied aboard a government Airbus used for the trips amounted to just over \$1,300 per person.

Conservative MP Blaine Calkins calls the price tag "outrageous."

But a spokesman for National Defence, which is responsible for the government's fleet of air craft, says the total includes the actual cost of catering and delivering multiple meals on each round trip, as well as related costs such as disposable cutlery, napkins, dish washing, airport administrative fees and security charges and local taxes.

Daniel Lebouthillier said the defence department "tries to keep costs to a minimum" when choosing items from a catering company's menu. But the department's options are "sometimes quite limited" when dealing with caterers at overseas airports.

The total also includes the cost of feeding and watering journalists who covered the trip, which would have been wholly or partially recovered since media outlets pay hefty fees for a seat on the prime minister's plane.

Given the number of legs in each of the lengthy trips and the number of meals served, the Prime Minister's Office said the cost actually works out to \$54 per person for each meal which compares favourably to the \$41.70 per person the previous Conservative government acknowledged spending in 2009 on meals during trips on Challenger jets, smaller air craft which are used only for short-haul flights within Canada and occasionally the United States. THE CANADIAN PRESS



Justin Trudeau apparently serves good grub. TORSTAR NEWS SERVICE



😑 IN BRIEF

Influx of refugees give population a big boost

Statistics Canada says a record number of immigrants arriving in the last year helped push the country's population to an estimated 36,286,425 as of July 1. The agency says the country recorded an overall increase of 437,815 people,

or 1.2 per cent, during the 2015-16 year. Such an jump in absolute numbers hasn't been seen since 1988-89.

The report says the influx of Syrian refugees — the government says more than 30,000 have arrived since last November — helped boost the overall numbers. THE CANADIAN PRESS



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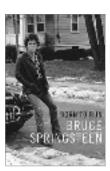
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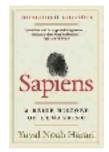


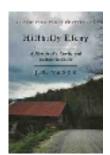
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Tailor swift to be oh-sew helpful



Rebecca Chiu Metro | Toronto

Just four days after arriving in Canada, a Syrian refugee found himself saving the day for one Ontario bride.

Jo Du was getting ready for her wedding day in the city of Guelph when the zipper of her dress broke.

Of course there was a tiny bit of panic, but photographer Lindsay Coulter says the women were surprisingly calm.

Du and her now-husband Earl Lee had decided to rent a home to house their friends and family visiting from China, where the couple is originally from. No one knew what to do or where to go.

The group began calling different dress shops to see what they could do to fix the dress.

"Everyone was speaking Mandarin but I could feel the tension," Coulter told Metro.

That's when Coulter sent a bridesmaid to a nearby neighbour to see if someone could supply pliers to help fix the snagged zipper tooth.

But they did better.

"A very nicely dressed woman in a bridesmaid dress came running up the street, asking for our help," David Hobson said.

Hobson had just welcomed a family of Syrian refugees from Turkey into his home and knew there was someone who could help. Ibrahim Halil Dudu happened to be a master tailor for the past 28 years in Syria. He arrived with a sewing kit in hand after the group had a few more failed attempts at fixing the dress.

There were two ways to deal with the broken zipper, said Coulter. Either replace it completely, which a busy wedding-day schedule doesn't exactly leave much time for, or another choice.

"He basically sewed her right into the dress," she said.

There was a lot of gratitude in the room.

"It was like a sigh of relief that yes, someone is going to fix this," says Coulter.

As for Halil Dudu, he was happy to lend a hand.

"I was so excited and so happy to help Canadian people like other people helped me," he said.



Hillary Clinton and Bernie Sanders campaign at the University Of New Hampshire on Wednesday. MATT ROURKE/THE ASSOCIATED PRESS

Clinton Berns bridge to crucial youth vote

U.S. ELECTION

Candidate joins Sanders to tout free-college plan to N.H. students

Appealing to elusive young voters, Hillary Clinton turned to former primary adversary Bernie Sanders on Wednesday to connect with millennials drawn to third-party candidates threatening to act as spoilers in the 2016 campaign.

"None of this will happen if you don't turn out and vote," Clinton said on stage at the University of New Hampshire while flanked by Sanders, who overwhelmed her in the state's first-in-the-nation primary nine months ago.

Both Clinton and Sanders touted a plan they developed at the end of the primaries to make college debt-free for millions of students from middle-class and low-income families. Amid signs promoting the proposal, Clinton promised to push the plan through Congress if elected. The former opponents sat on stage for a panel discussion on ways to make college more affordable

It is imperative that we elect Hillary Clinton.

Bernie Sanders

in the battleground state.

"I am here today to ask you not only to vote for Secretary Clinton but to work hard," said Sanders, who exchanged a brief hug with Clinton after she took the stage. "It is imperative that we elect Hillary Clinton as our next president." Young voters were a key part of President Barack Obama's winning coalition, with two-thirds of voters under 30 backing him in 2008 and 60 per cent four years later, according to exit polls. That same group fueled Sanders' insurgent bid, keeping him in the race until the final primary contest concluded in June.

But while millennials have recoiled from Donald Trump, they haven't flocked to Clinton, who's not only shy of Obama's mark but also well behind John Kerry's level of support with young voters when he lost in 2004.

THE ASSOCIATED PRESS



Last Wednesday, Ibrahim Halil Dudu arrived in Canada. On Saturday, he saved the day. LINDSAY COULTER PHOTOGRAPHY/LINDSAYCOULTERPHOTO.COM

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Obama loses big veto on Saudi 9/11 bill

Victims of terror attack can now sue the Gulf nation

In a resounding rebuke, Democrats joined with Republicans Wednesday to hand Barack Obama the first veto override of his presidency, voting over-

whelmingly to allow families of Sept. 11 victims to sue Saudi Arabia in U.S. courts for its alleged backing of the attackers.

Both the House and Senate voted decisively to reverse Obama's decision to scuttle the legislation. Democrats in both chambers abandoned the president in large numbers despite warnings from Obama and top national security officials that flaws in the bill could put U.S. interests, troops, and intelligence

The Senate vote was 97-1, with only Senate Minority Leader Harry Reid backing the president. The House vote a few hours later was 348-77, with 123 Democrats rebuffing the president and voting to override. Obama said that overriding his veto was a mistake that may set a "dangerous precedent."

Lawmakers said their priority wasn't Saudi Arabia, but the 9/11 victims and their families who continue to demand justice 15 years after attackers killed nearly 3,000 people. Fifteen of the 19 Sept. 11 hijackers were Saudis.

'Overriding a presidential veto is something we don't take lightly, but it was important in this case that the families of the victims of 9/11 be allowed to pursue justice, even if that pursuit causes some diplomatic discomforts," said Sen. Chuck Schumer, a chief sponsor of the bill.

THE ASSOCIATED PRESS



Barack Obama worries about a "dangerous precedent" after being handed his first veto override. THE ASSOCIATED PRESS

Unarmed black man shot, killed by police

Police in the San Diego suburb of El Cajon shot and killed a black man a minute after arriving near a strip mall to investigate a report of a mentally unstable person walking in and out of traffic, an official said Wednesday.

El Cajon Police Department spokesman Lt. Rob Ransweiler said two officers arrived at the scene at about 2:10 p.m. Tuesday. Ransweiler says the shooting happened at 2:11 p.m.

He said police received the

stable person at 12:57 p.m. but did not immediately respond because they had other calls for service.

Police have said the man refused to comply with instructions to remove a hand from his pants pocket, paced back and forth, then rapidly drew an object from the pocket, placed both hands together and extended them in a "shooting stance." THE ASSOCIATED PRESS

SATURDAY NIGHT LIVE

Alec Baldwin to try his hand at Trump

Saturday Night Live has made a YUGE decision: It has chosen Alec Baldwin to impersonate GOP presidential nominee Donald Trump.

NBC announced the deal Wednesday with a promo on social media, just days before Saturday Night Live begins its 42nd season and little more than a month before voters choose between

Trump and his Democratic opponent, Hillary Clinton.

Baldwin, a veteran SNL guest host, will debut his Trump impression opposite cast member Kate McKinnon's continuing turn as Clinton. Trump had previously been played by announcer Darrell Hammond and by the nowdeparted Taran Killam.

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BlackBerry devices are history

BlackBerry said Wednesday it is through making its own smartphones, announcing plans to outsource hardware design. Here's a look at some of the handsets that helped the Canadian company scale the mighty heights — until Apple launched the iPhone and the end was only a matter of time.

TORSTAR NEWS SERVICE

RIM 850

BlackBerry's first device, launched in 1999, wasn't a phone, but rather a two-way interactive pager that could send messages and was one of the first devices that could connect people to their work email systems. It sold a million units in the first year.



5000-6000 series

Launched in 2002, these were the company's first phone products. Email was still the selling point as some of the early version of this product required a headset to make calls, as there was no built-in speaker.

BlackBerry Bold

The last of the truly beloved BlackBerry phones, it was launched in 2008. While the series featured other models (Storm, Tour and Torch), it was the Bold — particularly the 9900 — that diehard fans hung onto. Like, say, Kim Kardashian, who this year lamented the fact that she couldn't find a Bold on eBay.





BlackBerry PlayBook

Launched in April 2011, this was the company's attempt to get into the tablet space. It was hobbled by a high price, a lack of intuitive controls and bizarre decisions like only allowing email to other BlackBerry phones.

BlackBerry 10

The company took too long to release the BlackBerry 10 — 2013 — and let the competition dominate the market. It tried to go without a physical keyboard with the Z10, and then with the keyboarded Q10.



Virtually no change in getting woman on boards, stats show

The number of Canadian women serving on corporate boards has inched up a mere one percentage point in the year since securities regulators first began ordering companies to track and disclose women in their ranks.

Of 677 companies listed on the TSX and analyzed by provincial regulators, women made up 12 per cent of all board seats, up from 11 per cent a year ago.

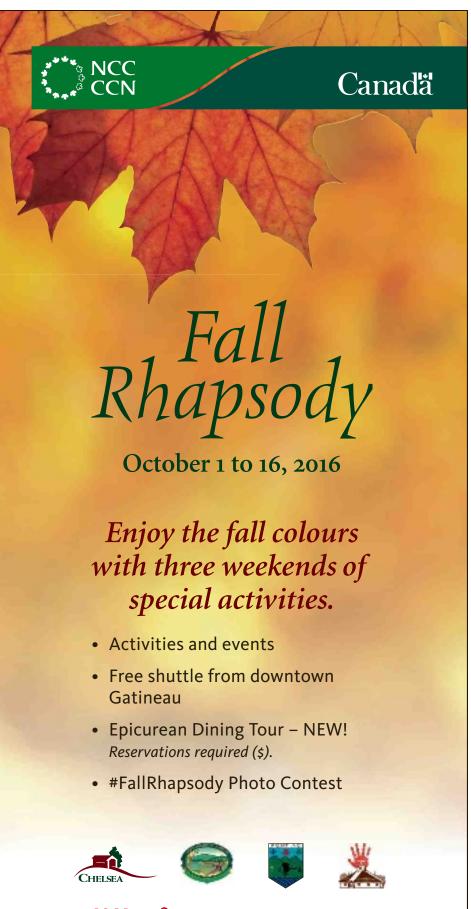
Fifty-five per cent of the companies had at least one female director, up 6 per cent from last year.

But that means 45 per cent did not have a single woman. And, of 521 board seats that

became open this year, only 76 were filled by women.

"That means eighty-five per cent of the time the seat was filled by a man," said Ontario Securities Commission CEO Maureen Jensen during an address to the Toronto Region Board of Trade on Tuesday.

TORSTAR NEWS SERVICE















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METEWS

Your essential daily news

Thursday, September 29, 2016

CHANTAL HÉBERT ON FEDERAL APPROVAL FOR A PIPELINE



The first energy mega-project to be approved on Trudeau's watch provides a template for upcoming decisions on a set of controversial projects designed to bring Alberta oil to tidewater.

As Liberal leader and subsequently as prime minister, Justin Trudeau has talked in the abstract of the need to secure a social licence prior to undertaking any major energy project. Until this week, no one was sure what he actually meant by that.

That changed when the federal government gave the green light to a massive liquefied natural gas project on the coast of British Columbia on Tuesday.

Pacific NorthWest LNG would entail a pipeline across the province and a terminal to export liquefied natural gas from northern B.C. It has been billed as the largest private-sector development in the country's history.

It is the first energy megaproject to be approved on Trudeau's watch and it provides a tentative template for upcoming decisions on the merits of a set of controversial pipeline projects designed to bring Alberta oil to tidewater.

Here are some of the elements that went into or are missing from the mix of the social licence the Liberal government says it has found for this project:

The plan has solid support at the provincial level. B.C.'s Liberal government champions it. That stands in sharp contrast with the province's reluctance to publicly embrace either Kinder Morgan's or En-

How high would emissions generated by a project have to be for cabinet to find that environmental impact outweighs economic benefits?

bridge's plans to connect the Alberta oilsands to the Pacific

Pacific NorthWest LNG has come to terms with some but not all local First Nations communities. There are serious concerns over, among other matters, the health of the wild last winter, the Canadian Environmental Assessment Agency calculated that the project would be "one of the largest greenhouse gas emitters in Canada."

If the federal government did not consider that to be incompatible with Canada's



B.C. Premier Christy Clark addresses the LNG in BC Conference in Vancouver in October 2015. Clark's government supports the Pacific Northwest LNG pipeline, which the Liberal government approved on Tuesday. THE CANADIAN PRESS FILE

salmon habitat. Indigenous opponents of the project are vouching to continue their battle in court.

The environmental movement is not on board. From the Sierra Club to the David Suzuki Foundation and the Pembina Institute to name just a few, organizations concerned with climate change have come down against the decision. The fact that federal approval comes with 190 conditions attached has done little to mollify them.

One of the federal conditions would see the imposition of a hard cap on the project's greenhouse gas emissions. But even with such a cap in place, Pacific NorthWest LNG would significantly raise B.C.'s greenhouse gas output.

In a draft report released

international commitments on the climate change front, how high would the emissions generated by a project have to be for the Trudeau cabinet to find that its negative environmental impact outweighs its economic benefits?

Whether the mix that has gone into the conditional approval of the LNG project is the right one will be hotly debated for months to come.

The decision has predictably split the opposition in the House of Commons with the Conservatives applauding the Liberal cabinet for having given the project the go-ahead but taking issue with the numerous conditions placed upon it and the NDP and Green Party portraying the approval as a breach of trust.

At the invitation of the First

Nations, the courts will be called upon to wade into the debate.

Petronas, the state-owned Malaysian energy company that leads the consortium behind the project, will have a definitive say.

The company may yet balk at some of the federal conditions. There is a glut of gas on the world market. Notwithstanding the positive federal decision, the economic conditions may not in the end allow for Pacific NorthWest LNG to see the light of day.

As of now, though, the market rather than Canada's policy makers will presumably determine its fate.

Tackling climate change while pursuing a policy supportive of Canada's fossil fuel industry was always going to be a balancing act.

Stephen Harper had essentially concluded that the two were largely irreconcilable.

On his watch, the federal government made no apologies for acting as a facilitator for the industry. It purported that stance to be in the national interest.

There is no doubt that had the Conservatives been reelected, they would have approved B.C.'s LNG project, possibly with many of the same conditions imposed by their Liberal successor.

Trudeau, for his part, spent the last campaign talking about righting the environment/ energy balance. Based on the LNG decision, equilibrium between Canada's contribution to the mitigation of climate change and its energy ambitions remains as elusive as ever.

Chantal Hébert is a national affairs writer. Her column appears in Metro on Thursdays.

ROSEMARY WESTWOOD

Clinton might be done in by the bias that dare not speak its name

The well-documented disparity between the volume of Donald Trump's and Hillary Clinton's media coverage has extended into the post-debate days, thanks in part to Trump's misogyny, or, sorry, his opinions about women.

The upside is that Rosie O'Donnell is witnessing a well-deserved resurgence unlikely to have occurred otherwise. The downside is the same as it's always been: The fact that criticisms of Trump read to many as compliments.

We may find this crazymaking, inconceivable, as bonkers as a budding friendship between Martha Stewart and Snoop Dogg.

But it's real.

And I do think we have to shoulder some blame. One of the cornerstones of the progressive, liberal mind is to observe injustice, name it, and seek to change it. In the process of doing so, we decided that some people are racist, and some people are not, that some are sexist, and others not. And that's where we may have gone wrong.

Most everyone will claim to be not — not sexist, not racist — and few will really wonder whether that's

But what if, to a degree, we are all biased in some ways? Wouldn't that mean that anyone claiming not to be sexist or racist is

lying to some degree? And then wouldn't we all have to wonder: To what degree am I?

This is a question wound up in the political-correctness debate, in systemic racism, in acceptance of Trump's birtherism, and in the person of Hillary Clinton — in all the ways that sexism, implicit and otherwise, has shaped her career, her campaign, and is right now shaping her shot at the presidency.

Psychologists believe that implicit biases are behind many of the more subtle and intractable discriminations people face on the basis of age, gender, race, disability or background.

This could be such helpful information for us all, if only we'd admit it.

It would attack the No. 1 reason why hate persists: We imagine ourselves as perfect. We imagine ourselves as right.

Clinton's capacity for logic, her appeal to equality, and her vision of America are no match for those who've already decided they disagree, and that their lives, desires, and opinions are beyond rebuke

God knows who the swing voters are, but I do believe one thing: If it was the norm to recognize our own biases, the race would not be quite so close.



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Brad Pitt cancels appearance at Voyage of Time film premiere to focus on his family

Couples with reefer sadness

RELATIONSHIPS

Smoking up more than your partner causes problems

Genna Buck Metro Canada



With dispensaries popping up on every corner and a popular pro-legalization prime minister, some Canadians have a case of reefer madness.

But for couples learning their drug-use preferences are incompatible, the result can be reefer sadness instead.

Take Amanda and Jeff,* a couple in their 30s from Belleville, Ont.

For the last few months Amanda, who suffers chronic pain due to a serious car accident years ago, has been using medical marijuana from a dispensary to help her sleep.

It works great. But she didn't anticipate the problems it would create

Her partner, Jeff, has always smoked recreationally, but once the drug was around the house he became a "pothead" who uses up more than half of her allowance and gets agitated if it runs out, Amanda said.

She's tried to hide her stash, but it never works for long because he has a "nose like a bloodhound when it comes to marijuana"

Weed has been the cause of some knock-down-drag-out fights, including one that ended



It's a good idea to ask about a partner's pot-smoking habit early in the relationship, to confirm compatibility. ISTOCK

in Jeff storming out and spending the night in their RV.

"I love him. But if he pushes me hard enough, I'll be pushing him out that front door," she said.

How much marijuana people want to use is "always a compatibility criteria," in relationships, said Toronto matchmaker and columnist Sofi Papamarko.

Reportedly, Brad Pitt's pot habit was one of the factors that led Angelina Jolie to file for divorce.

In contrast to alcohol, studies have not linked marijuana to "substantial partner conflict" or domestic violence, said UBC psychology professor Zach Walsh, who studies the effects of substance abuse on relationships

But that doesn't mean reefer sadness isn't real.

"Like anything, whether it's online shopping or fantasy football, if it starts to become something you're over-focused with, that can hurt your relationship," Walsh said. "If cannabis leads you to be more likely to isolate (yourself) and zone out of interpersonal relationships, then it can be harmful."

Though it isn't as addictive as heroin or cocaine, marijuana de-

pendence is real — heavy users often get anxious when they're out of weed, and if they quit suddenly, can be sleepless, grouchy and nauseous for a few days, according to the Centre for Addiction and Mental Health.

Molly, 27, a grad student from Toronto, is all too familiar with the downside of marijuana dependence. Her boyfriend of four years, who smokes to manage severe anxiety, used to have meltdowns if he couldn't get in touch with his dealer.

Dispensaries solved his access issue. But Molly worries her partner being "stoned all the time" is preventing him from reaching his full potential at school or work.

They used to live together, but she moved out, in part because he was "kind of living like a teenager" and his drug use was "disrupting" his ability to be a supportive partner.

"I have nothing against people who use substances, but if it starts to impact my relationship, that will be a deal-breaker," Molly said.

She wishes she asked more about his drug habits when they first started dating: "It's a lot harder to set boundaries after you've been with the person for a long time."

Marijuana isn't automatically a recipe for love trouble.

Getting high together is a bonding experience for many couples, psychologist Zach Walsh said.

Simon, a Toronto chef, said if anything marijuana has enhanced his relationship with his girlfriend, and "everyone should try it," because it reduces stress and makes him more sensitive to others.

(That's somewhat accurate: In the right conditions, pot can make your senses sharper and put you in an agreeable, slightly euphoric mood, according to U of T pharmacy professor Harold Kalant).

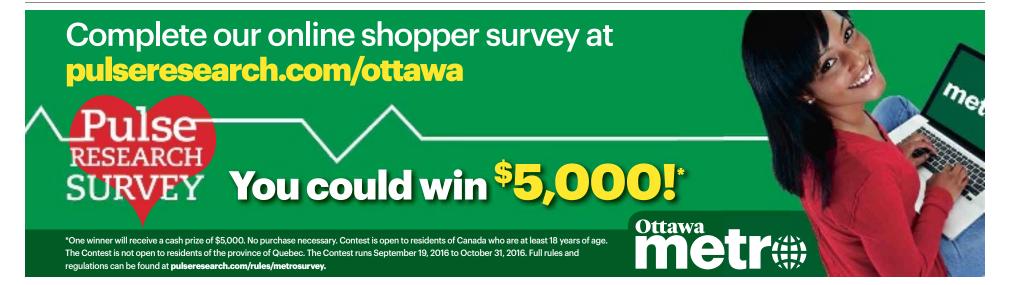
But it can also be a source of conflict if philosophies about drug use clash, even when neither partner is a heavy or dependent user.

That's where 26-year-old Hilary from southern Ontario is at with her husband. She got her weed-smoking phase over with in her teen years, but he became an enthusiast in his late 20s.

It has caused conflict between them, though not "catastrophically."

"It makes him a different person. You're hanging out with someone who is being kind of a goofball, and it's not funny," Hilary said, adding she'd rather spend the money on something they could do together.

"And sexually sometimes it's weird," she said. "Having sex with someone who is high when you're not high is just bizarre." *Surnames have not been used to protect privacy





naive art student being innocently schooled by author John Updike, to 67 years old, as she paddles away on a canoe trip with Leonard

Cohen, Karl Ove Knausgaard and Taylor Swift.

Though the premise sounds like a groaner of a joke, Jackson wasn't satirical in her approach to the book.

She says the biggest challenge in writing it was to make these people real, and credible as characters.

"I'm not dissing these celebrities. I'm celebrating their role in our lives because I am fascinated with why celebrities matter to us — and they do," she says.
"We joke about it and deni-

grate it but they're up there in the top-10 newsfeeds. The stories are an attempt to explore how intimate our relationships are to these stars,

who are strangers." Jackson, who has written fiction in the past as a way of "playing hooky from journalism," didn't set out to write this concept in a book format. The collection start-

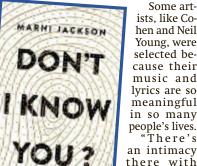
ed casually enough about 12 years ago when she rented a cottage in Quebec with her son and husband, journalist and filmmaker Brian D. Johnson.

They listened to a lot of Bob Dylan during that vacation, so much so that Jackson says, "It feels like you're living with him when you're marinating in the music."

The tambourine man inspired her first story, called Bob Dylan Goes Tubing, where the disoriented musician crashes a summer cottage vacation, with no intention of leaving.

After writing that story, others "just accumulated." There's a sage Joni Mitchell advising on relationships; a groggy tale of a boozy Keith Richards operating on Rose's liver; a friendly encounter with Meryl Streep at a Mexican spa. Even Adam Driver, of Girls, shows up to shovel some snow.

Jackson only based stories on artists whom she admires (though she admits there's a 'titch of satire" in the story where Gwyneth Paltrow with her powderless skin, described "like fresh drywall" — features as Rose's aesthetician, extracting blackheads from her nose.)



ists, like Cohen and Neil Young, were selected because their music and lyrics are so meaningful in so many people's lives.

'There's an intimacy there with their work, if not with them as personalities,"

says Jackson.

"I actually think that stars are our own fictional characters.

"We live through them and use our imagination to think of them as nice people or athletic or kind to animals, or whatever we want.

"We have our fictional way with them."





There's an intimacy there with their work, if not with them as personalities

Marni Jackson



Marni Jackson's debut collection of linked stories, Don't I **Know You?, features fictional** encounters with famous people like Adam Driver, of Girls and the latest Star Wars film. CONTRIBUTED



Turning celebs into fictional characters famous personalities in her stories

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Writer plants

For Metro Canada Celebrity obsession reached an apex last week when Angelina Jolie and Brad Pitt announced their impending divorce.

f D

Carter

Under all those hilarious Jennifer Aniston memes and the gossipy speculations of adultery simmered an undercurrent of panic: if those two gorgeous people, seemingly in love, can't make it, what hope is there for the rest of us?

Toronto journalist Marni Jackson has spent a lot of time thinking about how celebrity culture is so deeply imbedded in our collective psyche.

Her debut collection of

Timing is everything: Naya Rivera

INTERVIEW

Former Glee star opens up about her younger years

Naya Rivera writes about a number of personal subjects in her new book, Sorry Not Sorry, but says one of the hardest was the death of her Glee co-star Cory Monteith, who died of a drug overdose

"The Cory chapter really choked me up. I had (co-star) Kevin (McHale) come over and help me edit and we both had our moment," Rivera said in a recent interview.

For fans of Glee, which aired 2009-2015, Sorry Not Sorry: Dreams, Mistakes, and Growing Up is definitely worth a read to revisit the show's success from an insider's perspective.

Rivera, 29, shares how the cast dated, partied and basically had the ups and downs of twentysomethings who spend a lot of time together.

She also shares her story of

starting in showbiz at a young age, relationship drama and finally getting it right with her now-husband, actor Ryan

Rivera talks about opening up, her love of writing and passing on her love of books to one-year-old son, Josey.

When it was announced that you were writing a book, it was billed like you were going to "go there' and not hold back on things in your life. Is that what happened?

It was my intention to not hold back, but the way that I saw the media portray it was 'Oh, it's a slam book,' but that's not at all what

What was your intention? I talk about my passion for writing in the book. If I wasn't acting in some way, shape or form, I would be writing music, screenplays or books. I'm very bookish. I love reading.

Is there anything you wanted to clear up in the A few years ago, it was a tumultuous year. (Rivera dated and quickly became engaged to rapper Big Sean. They broke up a few months later and took some of their disagreements public in social media and, for Big Sean, his music.) Those were things that I definitely wanted to be able to clear up on my

You also write about how you dated your husband prior to Big Sean and got back together with him after that breakup and married a few months later. The media portrayed that as a rebound of sorts. Was it important for you to share your version of

I consulted with my husband on it all along the way ... I was like, 'Listen, to me, this is something so funny that nobody knows our history. ... Do you mind if I include this in the book?' He was supportive.

From Glee to reuniting with Dorsey, it seems like a big takeaway from your book is the importance of timing.

Everything in life is timing. I've grown up in this industry and there were a lot of projects that I really wanted and I would cry over and not understand why I didn't get them; had I gotten any one of those projects I wouldn't

in my life.

have gotten and been That was a game changer

Since you're such an avid reader, do you like to read with your son?

He's a boy in every sense of the word, but I'll go, 'Do you want to read a book?' and he'll say, 'Yeah,' and he sits down and we'll read a

Naya Piyera PROPERTY OF PERSON Sorry Not Sorry Urcame, Mistakee, and Growing Up

> In Sorry Not Sorry Naya Rivera opens up about her life on Glee and her relationship with her now-husband Ryan Dorsey and ex-boyfriend Big Sean. THE ASSOCIATED PRESS

He literally has his own favourites. His favourite

book Jimmy Fallon's Dada. It's a great book. We travel with it. THE ASSOCIATED PRESS

GRAPHIC NOVEL

Nostalgia for things that never existed

Mike **Donachie**

Metro | Canada **Cheap Novelties: The Pleasures**

of Urban Decay **BY: Ben Katchor PUBLISHER: Drawn and Quarterly** \$26.95; 112 pages

Witness the adventures of Julius Knipl: real estate photographer, and marvel at their banality.

This is nostalgia for something that never existed, or at least existed only in the minds of city dwellers with a tendency to be nostalgic.

Katchor's simple cartoons — collected here for their 25th anniversary — take us on a tour of scuffed streets just around the corner from where we used to live.

On the way, there are all the little eccentricities of an old city: the unusuallyflamboyant signature of an

elevator inspector, some unreadable lettering on a 20thfloor window, a deli where all its famous customers are

It is wonderfully bonkers, and compelling.

All the time, we have Mr. Knipl's wry observations on city life; the way it is and the way it perhaps used to be.

Presented as dozens of little stories in a simple, black-and-white style (plus one longer-form story at the back), Katchor's work is unputdownable, clever, charming and hilarious.



Harrison Scott wins \$5,000 humour prize

Author Harrison Scott Key's comic memoir about growing up with a father of outsized presence has won the Thurber Prize for American Humor.

Key is a contributing editor to Oxford American magazine whose essays also have appeared in The New York Times and Outside. He wins the Thurber Prize for his novel, The World's Largest Man. He receives \$5,000 and a commemorative crystal plaque. THE ASSOCIATED PRESS

Hilary Weston award finalists announced

All five books nominated for the 2016 Hilary Weston Writers' Trust Non-Fiction prize are from one publishing house: Penguin Random House, with four of its different imprints represented.

Finalists include lan Brown, Deborah Campbell, Matti Friedman, Ross King and Sonja Larsen. Each will receive \$5,000 with the winner — announced at the Writers' Trust awards ceremony on Nov. 2 — receiving

TORSTAR NEWS SERVICE



BACHELORETTE CANADA

The Chad to drop in on series After Show

Bachelorette supervillain alert: The Chad is coming to Canada.

W Network says Chad Johnson, who gained infamy on recent seasons of The Bachelorette and Bachelor in Paradise, will be a guest on next week's edition of The Bachelorette Canada After Show.

Johnson, a luxury real estate agent from Oklahoma, was a contestant on JoJo Fletcher's season of The Bachelorette,



Chad Johnson HANDOUT

where he was known chiefly for working out and threatening physical violence against other contestants.

When we last saw him on Bachelor in Paradise Season 3, he was being kicked off the show for a drunken rampage that included calling an amputee a "one-armed b-.."

We can only imagine what he'll have to say about Drew Classen, current Bachelorette Canada villain, who's been compared to Johnson for his macho behaviour and clashes with other contestants.

So far, the After Show has scored some good guests. On Monday, former U.S. Bachelorette Kaitlyn Bristowe joined the panel along with her fiancé Shawn Booth and Big Brother Canada host Arisa Cox.

Joining Johnson next week will be bridal expert Jessica Mulroney and comedian Debra DiGiovanni.

The show, hosted by Jennifer Valentyne, airs Tuesdays at 10:30 p.m., following episodes of The Bachelorette Canada, which airs at 9 p.m. TORSTAR NEWS SERVICE

JOHANNA SCHNELLER WHAT I'M WATCHING

The 'not really beautiful' woman

THE SHOW: Easy, S1, E5 (Netflix) THE MOMENT: Jane Adams' signature line

Graphic novelist Jacob (Marc Maron, 53) spent the night with stunning selfie artist Allison (model Emily Ratajkowski, 25, star of the Blurred Lines video). "I'm not in love or anything," he ventures the next morning to his old friend, actress Annabelle (Jane Adams, 51).

"Can we talk about something else?" she asks.

Apparently not. "She likes that I do autobiographical work," Jacob says.

"She likes that you're famous," Annabelle says. "Go on."

"She likes that we're both autobiographical artists," he insists.

"How old is she?" Annabelle asks.

Jacob hesitates. "24," he says. "Good for you," Annabelle says. "And really beautiful,

"Your hair looks good," he says. They laugh.

Dear Jane Adams, I wonder how you feel about this moment. You've been called upon to play



Graphic novelist Jacob (Marc Maron, 53) talks to his friend actress Annabelle (Jane Adams, 51) about sleeping with a 24-year-old in Netflix's Easy. CONTRIBUTED

it before, in series (Hung) and movies (Little Children). It's the moment where you admit that the guy doesn't find you "really beautiful"; the moment that cues viewers to think, "If he had any soul, he'd see she's great."

But when you read yet another script that requires you to play this moment, do you sigh? Do you think, "I'm a terrific actress, I shine onstage. If I were male, I'd be Philip Seymour Hoffman"?

Hollywood wants to appear self-aware in these scenes by acknowledging that "not really beautiful" women aren't the centre of love stories. Yet it never actually supports a love story for

you. Does that irony chafe? Are you committed to keep hammering at it, hoping to create change? Or are you just happy

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

metrTHE KIT REPORT

THE LIST: FALL SHOPPING

Three stylish Ottawa locals share the killer items they're coveting this season

KATIE HESSION, @yowcitystyle "Local designer Krista Norris's shawl drapes perfectly over a leather jacket and will keep me cozy when I'm writing at the coffee shop."

KRISTA NORRIS SHAWL, \$85, VIENS AVEC MOI

ERIN ELIZABETH, @erinelizabethh

"I'm definitely buying a duster coat. It takes your outfit from basic to put-together in the blink of an eye. You can rock a duster coat with jeans, trousers, skirts, or even leggings."

> вооноо COAT, \$57, BOOHOO.COM

CAROLYNN LACASSE, @carolynnlacasse

"Ottawa eco-fashion maven Malorie Bertrand just launched her online store Either/Or, with a capsule collection of sustainable Canadian labels. This elegant white blouse stole

LOON SHIRT, \$270, SHOPEI-THEROR.COM





#YOW INDEX

The Kit Compact—Canada's fave beauty

and style brand—checks out Ottawa's

hottest style destinations



PHOTOGRAPHY: ISTOCK (SCENERY), SHANE MAHOOD/USA NETWORK (SUITS)

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Making the sounds that are important to you louder

It's no coincidence that for audiologist Richard Kent of Nepean Hearing listening to clients is the most important part of his practice — especially when it comes to seniors.

"Couselling is a huge part of what we do," says Kent of the full-service hearing clinic, which offers hearing testing, hearings aids, hearing aid service, maintenance and repair, and more. "People need to be counselled with regards to what sounds they're hearing versus what they aren't hearing and what the possibilities are. Hearing aids are not about making the whole world louder, they're about the making the sounds that are important to you louder."

And while Kent says the most successful visits for seniors are those that include the participation of family members, it is equally as important for family members to remember they play a supporting role.

"Sometimes, families look at a hearing aid as a simple solution, but it requires an effort to listen and ensure the person being fitted



ISTOCK

for the aid understands he or she matters, or they will never get on side with the technology," says Kent. "The more the person feels they want to be full of life, the easier it is to show them how life changing the process can be."

Nepean Hearing also ensures it stays involved long after patients have left the clinic, as each devices comes with a two or three-year warranty that includes unlimited servicing.

Hear what you've been missing with help from CHS

Are you constantly asking people to repeat themselves, turning up the TV or having difficulty hearing on the phone? If so, you may be among the one in four Canadians with hearing loss.

Because hearing loss happens gradually, it often goes unnoticed. Many people are in denial about their hearing loss and some withdraw in social situations because they can't follow the conversation.

But there are ways to cope, with help from the Canadian Hearing Society (CHS).

CHS has been a leader and innovator in the field of audiology — the assessment and management of hearing loss — for 75 years.

CHS has modern, state-of-the-art audiology facilities that are located in key CHS offices throughout Ontario and offer an array of services, including hearing testing, hearing aids, tinnitus consultations and more.

CHS can prescribe a hearing aid, help you choose the one that's right for you, order it, make sure it fits, teach you how to use it and even repair it. If you need information, support or education to help you adjust to your hearing loss or using a hearing aid or device,



CONTRIBUTED

the CHS team provides that, too. And the organization can refer you to other specialized services at CHS — the leader in hearing healthcare services since 1940.

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Senior care transitions made easy at Riverpark

Understanding that every senior has unique needs allows Riverpark Place Retirement Residence to ensure that it is providing the kind of certainty required to make a confident decision about your loved one's living arrangements, says its general manager.

"At Riverpark Place, we classify the 'adult child' as a person who is assisting in the decision making process of someone moving into a retirement residence," says Tanya Barker-Dowe. "Whether you, as an adult child, are looking for your loved one to live independently within a community, or your loved one requires a little assistance from time to time, we have a range of retirement living options that provide you and your family with convenience, flexibility and peace of mind."

The Canadian-owned and operated Riverpark Place is dedicated to offering a fulfilling lifestyle and optimum health consideration through three options: residential living, assisted living or short-term stays. Barker-Dowe says these choices include the option to transition to another arrangement, should it be required.

"Our transitional model means that your family member has access to assistance but can still remain independent," she says. "When the need for increased care arises, they can transition into assisted living without having to change locations or lose their friendships.

"In our 20 years of experience, we have witnessed how much residents and their families appreciate having relationships and support already in place if it comes time to make a change in care arrangements."

With a wide range of amenities and services, Riverpark Place also offers a community feel that includes views of the Ottawa River, recreational activities as well as in-house hair salon, foot care and medical care. Such services, says Barker-Dowe, reduce the stress and time associated with arranging appointments.

"Opting for Riverpark Place will give you the peace of mind that your loved one has all the support and services they need to maintain the lifestyle they desire," she says. "Our staff are qualified, registered professionals who are loyal, caring, and will provide you with all the assistance you need, and health care assistance your loved one may need."

Tour the retirement residence

To set up a tour, call (613) 828-8882 or email riverparkplace@caregard.ca.

Your essential daily news

Artist Robert Bateman's Haliburton cottage sold this week for \$800,000

Loft living in a great neighbourhood

Project overview

rhaven offers affordable condos, some which are already move-in ready. Owners can enjoy a relaxed lifestyle in a small, conveniently-located community. Valecraft Homes also has an additional incentive — a contest that offers buyers a chance to win their mortgage payments for a year.

Housing amenities

Woodroffe Lofts features new condominium designs and attractive décor. They offer a barrier free layout to cater to accessibility concerns. The units also include six appliances, central air conditioning, a parking space and private balconies. Not having to worry about yard work or snow removal is an added bonus.

In the neighbourhood

Barrhaven is a fast-growing neighbourhood, yet it still maintains small local stores and community feel. However, residents can also access larger shopping areas, multiple schools, faith and spiritual centres, as well as family activities such as the Walter Baker Sports Centre, Barrhaven Tennis Club and a variety of parks.

Location and transit

The site is in a suburban neighbourhood, ideally located near downtown Ottawa and the airport. There are many transit routes throughout Barrhaven, and the light rail will eventually extend to Baseline during the second stage of the LRT. Fallowfield railway station is also close by, meaning easy access to Montreal or Toronto.

II ANA REIMER/FOR METRO



CONTRIBUTED

NEED TO KNOW

What: Woodroffe Lofts **Builder:** Valecraft Homes **Designer:** Valecraft

Location: Off of Longfields Drive

Pricing: Starting from

\$224,900

Model: Two to three bedrooms, two bathrooms **Status:** Now selling Occupancy: December

Sales centre: 194 Spring-

beauty Ave.

Building: Condo flats Size: 937 square feet to 1,200 square feet.

2016

Phone: 613-440-0304 Website: valecraft.com

How to have a cool space, post-kids

For new parents, the urge to keep little ones entertained and enriched can often lead to a home so full of baby gear and toys that grown-up style all but disappears. It doesn't have to be like that.

Designer Theodore Leaf of Los Angeles says he works with many clients trying to keep their whole home from becoming a

"All my coolest friends have kids now. And there's just nobody giving up their cool card," said Leaf, host of Living Big Under 1,000 Sq. Ft. on Apple TV's new channel The Design Network.

How do you make a home both kid- and grownup-friendly? Leaf and two other interior designers, Mikel Welch and Nathan Turner, offer some ideas:

Hidden storage

All three designers recommend built-in shelving with closed cabinets at floor-level. Leaf suggests adding drawer pulls that are easy for little hands to grab, like a long bar that runs the length of the drawer.

"Kids open it, and know, 'It's for me," he said. And they learn that "that top shelf, with the

cable box or whatever, 'That's not for me."

Instead of a traditional coffee table, consider an upholstered ottoman with space inside. The ottoman provides both storage and a soft surface for toddlers who are learning to walk.

Grown-up items

If you're setting up a seating area for children to draw or do craft projects, resist the urge to buy a table and chairs designed for a child. You can find smaller-scale furniture that suits your style, says Turner, host of the food and

home design series Snack Chat on The Design Network.

Cool kids' room

Welch recently designed a nursery that had chic, black-and-white stripes on the walls instead of baby pastels. "I didn't feel like the room needed to be really juvenile," he said.

Turner agrees, and adds that babyish decor can be impractical.

"Children grow so quickly and their tastes change and they start wanting to have their own environment." THE ASSOCIATED PRESS



Shelving with covered storage prevents a kid's space from looking too Romper Room. ISTOCK



Creating a home all your own means thinking through renovations before you buy. DAVID BAGOSY

Making it home sweet home, not a money pit

CONSIDER ALL THE COSTS

Plan renos during house hunt, design expert advises

Andrea Janus

So you've bought yourself a house that needs a little work because you didn't want to live in someone else's idea of a dream home. But how do you keep yourself from falling into a money pit, a la Shelley Long and Tom Hanks circa 1986?

The first thing to keep in mind, said Laura Stein, principal and CEO at Laura Stein Interiors in Toronto, is: "You want to make sure you're not biting off more than you can chew."

A year ago, Stein and her husband bought a home that needed a complete renovation; a gut job from top to bottom. But as a professional, she knew what she was getting into, had plenty of experience with long and complicated projects, and understood she would be "frustrated with not being able to make it my own."

Three things to consider

Average homeowners, there-

fore, need to start thinking of their renovation when they are still house hunting, keeping in mind three important factors: what you're willing to take on, your timeline, and your budget.

Walk through a home thinking of what you'd need to do to make it your dream house, cost out those projects, and then add 20 per cent for the inevitable surprises, Stein said.

"If my renovation is going to cost me this much money, can I afford to buy this house? Can I make this my dream house with what I have to spend on it? Your prioritizing needs to start from day one when you first set foot in that house.'

Understand your space

Projects to spruce up a home that is dated and just needs a facelift "are a lot easier to tackle quickly and to prioritize," she added.

"If you're gutting it to the studs, you can't live there while you're doing that."

Building a few visits into your purchase contract will let you tour the home with an interior designer or architect to better understand the space and get a feel for what might be required.

"So often we go in with clients after they've closed and they say, 'wow, I don't remember it looking like this," Stein said. "So you want to give yourself some time to get to know your house and think through your renovation carefully so you're not rushing into making changes.'

For any home, however, the first set of priorities is the same: making sure the house is working and safe, meaning the systems such as plumbing, electrical, heating and cooling are not only to code, but functioning to your standards.

"Those are the things that can cost a huge amount of money and are really important in the end," Stein said.

Before moving in

The next renos to consider when setting a priority list are ones that should be done before furniture is moved in. The top project on this list would be refinishing the floors, which can end up opening a Pandora's box of issues, Stein noted. If you replace the floors, you may have to replace the baseboards. If you refinish the floors, the baseboards likely have to be refinished, too.

And if you decide to tear down a wall (which itself may require a structural engineer and permits, plus could involve re-routing ducts or electrical wires), flooring will need to be added to the new floor space.

"There are a lot of things where you think about one thing, and it will lead to something else and lead to something else," Stein explained, noting that her own home renovation went over budget by between 20 and 25 per cent, and she's an expert.

"People think, I'm already spending so much money, I might as well spend a little more and get what I really want, but it adds up quickly," she said.

High traffic rooms that you can't live without, especially if you have children, should also be prioritized before moving in. That means kitchens, and at least one bathroom, should not only be safe to use, but also functional for your needs, Stein said.

Especially if you've got a family, the kitchen becomes the centre of the home," Stein added.

These things can wait

Renovations that can be put off include the basement or the backyard, and if your kitchen is just a little dated but doesn't need a complete overhaul, simple fixes can allow you to focus on other immediate big-ticket needs, Stein said.

Adding trims, crown moulding and backsplash, as well as changing hardware, replacing lighting and painting cabinets are all inexpensive ways to make a home your own while you tackle more urgent projects, or save for major renos.

Avoid being house poor with savvy budgeting

Jennifer McCloskey was prepped. With her dad working as a mortgage broker, the now 44-year-old Barrie, Ont. woman was taught to do her financial homework when buying a condominium 10 years ago. "My dad helped me think through my spending — what did I really need versus want?" she said. "I also created a budget tracker and had to cut back on some things. I didn't travel as much but I built in my hair appointments and a good TV plan because those were luxuries İ didn't want to live without."

Not as prepared as McCloskey was? Are you a year into your home ownership and living house poor? If so, you're not alone — one in three Canadian homeowners were caught short at least once in the past year in paying their expenses, notes a 2016 Manulife Canada study. If you're having trouble balancing your new home-rich budget, here's how to get back on track financially.

Hit the budget reset

One year is early into home ownership so now is the time to rejig or even create (if you haven't already) your financial plan. This means starting a budget by listing all your costs, home-related and otherwise, and compare that with how much money you're bringing in. "I overestimate versus underestimate costs," said McCloskey. "And factor everything in. I didn't factor in savings for renovations or maintenance in the beginning and suddenly my dryer broke and I had to work that into my

Think seasonally

Even moving house to house can bring up new unanticipated costs – so have your financial revamp factor in seasonal spending. "It's critical for first-time homebuyers to understand that they need wiggle room in their budget to account for these expenses," said Pat Giles, associate vice-president, real estate secured lending for TD Canada Trust. "For example, last summer I moved from a townhouse to a house with a backyard. Spring came and suddenly I found I had to buy a lawn mower. Every season can bring unexpected expenses," he added.

In her 10 years of home ownership, McCloskey also recommends revisiting that budget annually, if not twice a year. "After all, remember that your condo fees for example and taxes go up every year," she said. "Don't think that amount is fixed forever." ASTRID VAN DEN BROEK



Build unexpected costs into your home budget. ISTOCK

🖶 HOW TO CONTROL YOUR COSTS

"Understanding how much you can comfortably afford for your home very early on in the process is critical to successfully buying a home that's within your budget," said Pat Giles, associate vice-president, real estate secured lending for TD Canada Trust.

Giles advises dividing your anticipated costs into two groups: one-time costs and ongoing costs. Onetime might include:

- legal fees
- land transfer tax
- title insurance
- property surveys
- · home inspection fees

- moving expenses
- closing costs.

In budgeting one-time costs, the Canadian Bankers Association recommends homebuyers budget 1.5 to 4 per cent of the price of your future home to put towards those single expenses.

Ongoing costs might

- mortgage payments
- utilities
- property tax
- home insurance maintenance costs
- yard/exterior
- maintenance condominium/ townhome fees



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Gary Bettman says the World Cup of Hockey format will live on but the NHL and NHLPA have yet to decide when the next one will occur

Breaking down Game 1

The Canadians edged Team Europe with a 3-1 win in the first match of the best-of-three World Cup of Hockey final. Here are five things to know from the victory:

🛈 Canada wasn't pleased

This was probably Canada's worst performance of the World Cup, an errorprone effort with little of the speed, precision or all-out control that defined earlier victories.

Shots were 32-31 for Canada at evenstrength, a slight advantage over a vastly inferior opponent. Head coach Mike Babcock said afterward that Europe was the better team for long stretches of the game.

They looked quicker probably than they were and we looked slower than we probably were," said Babcock.



Uneven play

It was often Europe sustaining long stretches in the offensive zone early on. The Europeans managed 11 of the first 15 shots on goal. Of course it was Canada potting the first two goals, Brad Marchand finishing off a rush with



Patrice Bergeron and Steven Stamkos tapping in a pass from Ryan Getzlaf.

There was something off all night about the Canadians, though. They discussed their uneven performance among themselves between periods and after the game, professing to deliver something better on Thursday.



The Crosby line staved hot

Babcock thought the line had seen better nights. But the unit of Marchand, Bergeron and Sidney Crosby still produced a pair of goals, both initiated by the Canadian captain.

second, Tomas Tatar depositing

rebound

on a Dennis Seidenberg shot

that was initially deflected. Price

later, turning

aside Andrej

Sekera on a

short-handed breakaway.

made his biggest stop nine minutes

"He's so strong on the puck," Marchand said. "I can't say enough good stuff about Sid, he's an incredible player."

Crosby leads the World Cup with nine points. He's followed by Marchand (seven) and Bergeron (six).



Europe's best shot

The Europeans surprised all in making the final. Their responsible, disciplined play under former Oilers head coach Ralph Krueger was again evident against Canada. They managed to do what no team had done previously at this tournament — keep Canada pinned in its own zone for frequent spells while limiting its chances at the other end.

"It's certainly disappointing right now," said European captain Anze Kopitar, "but at the same time this probably would be our best game so far in this tournament."

THE CANADIAN PRESS

PHOTOS BY GETTY IMAGES



metr#SPORTS Thursday, September 29, 2016 31



BASEBALL TEBOW GOES YARD IN DEBUT Tim Tebow rounds the bases after hitting a solo home run in his first professional at-bat on Wednesday in Port St. Lucie, Fla. Playing for the New York Mets' instructional league team against the St. Louis Cardinals' instructional club, the former football standout Went 1-for-6 in his debut. Luis M. ALVAREZ/THE ASSOCIATED PRESS

Texans out of Watt-age

Watt has played

83 consecutive games despite various injuries.

Defensive Player of the Year reinjures his back

J.J. Watt is out until at least December and could miss the rest of the season with an injured back, leaving the Texans searching for ways to deal with the

loss of the NFL's best defensive player.

Watt was placed on injured reserve on Wednesday, which means he'll be out for a minimum of eight weeks.

"You can never replace the best player in the NFL," coach

Bill O'Brien said. "When someone like that goes down, it's a tough thing obviously, but at the same time ... this is a team.

"A team made up of some really good veteran leaders, some really good young players. We're looking forward to the challenges that are ahead."

jured his back and putting him on IR was the best thing for his long-term health.

"It's flared up to the point where he can't continue to play right now," O'Brien said. "Going on IR will give J.J. all the time he needs to make sure that he's 100 per cent healthy and back to being himself."

It's unclear if the injury will require surgery.

Watt, who has won the De-

fensive Player of the Year for the past two seasons, missed training camp and Houston's four preseason games after surgery in July to repair a herniated disk in his back. The defensive end started each of the team's

three regular-season games and got hurt again Thursday against

"This won't be fun, but it is necessary in order for me to return to 100 per cent and play at the level that I am capable of playing at," Watt tweeted.

IN BRIEF

NFL earns B grade in latest diversity report card

The NFL received a high grade for its racial hiring practices and a C+ for its gender hiring efforts in 2016, according to a diversity report released Wednesday.

The annual report by The Institute for Diversity and Ethics in Sport gave the league its seventh consecutive A on racial hiring practices and a combined grade of B

for hiring minorities and women. The second straight C+ indicates the NFL still has a long way to go in improving hiring opportunities for women, but it is a dramatic improvement from two years ago, when the numbers were abysmal.

The NFL's greatest gains in both categories have come at the league office level, while the teams have been slow to become more diverse. THE ASSOCIATED PRESS

Mariners won't leave playoff picture quietly

Robinson Cano continued his dominance against the Houston Astros on Wednesday to keep Seattle's playoff hopes

Cano hit a three-run homer in the first inning, and the Mariners kept pressure on the other AL wild-card contenders with a 12-4 win over the Astros.

Kyle Seager added another three-run drive in the eighth, his 30th home run this season, as Seattle pulled within 1-1/2 games of Baltimore for the dropped three games back as

ination was cut to two. The Ori- WEDNESDAY In Houston Crawford Boxes oles were at Toronto on Wednesday night.

"If you want to help your starter, you've got to start ear-

ly and also put pressure on the other team," Cano said. "That's what we did today."

home run, a drive off Doug its magic number for elim- Fister (12-13), landed in the first row of the



games against

season. "Huge home run early by Robbie really got everybody relaxed a little bit," manager

in left field.

Cano has nine

homers and

25 RBIs in 19

Houston this

contributed today ... everybody had to contribute and we're still alive."

James Paxton (6-7) allowed three runs and six hits in five innings, striking out eight.

Fister gave up five runs and five hits over 1-1/3 innings in the shortest start of his bigleague career. Fister has lost five straight decisions, and Houston has lost his last seven starts — all five innings or fewer. THE ASSOCIATED PRESS



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Danny Willett on Wednesday in Chaska, Minn. GETTY IMAGES

RYDER CUP

Willett distances himself from diatribe

With stakes at the Ryder Cup so high, the players are under plenty of pressure. Danny Willett's focus faltered a bit Wednesday during practice at Hazeltine National Golf Club.

But this wasn't a case of rookie nerves, though.

This was because, well, his brother has a big mouth. Willett was a couple of holes into his round when informed about the buzz created by the column written by his brother, Pete Willett, that poked fun at the American players and castigated the culture from which they come.

"It is tough to then concentrate," Danny Willett said, "because you don't want people to think badly of yourself."

The 28-year-old Masters cham-

pion apologized for his sibling and praised the American fans who "took me under their wing fantastically" at Augusta in April.

The scathing critique could've been perceived as partially tongue in cheek until Pete Willett posted on Twitter that he meant "every word" of it.

He wrote he hopes Team Europe will "silence the pudgy, basement-dwelling irritants, stuffed on cookie dough and pissy beer, pausing between mouthfuls of hotdog so they can scream 'Baba booey' until their jelly faces turned." He also urged the Europeans to "smash the obnoxious dads, with their shiny teeth, Lego man hair, medicated ex-wives, and resentful children."

THE ASSOCIATED PRESS

Pep's balloon popped

CHAMPIONS LEAGUE

Man City's run of wins halted on 10 at Celtic

Manchester City came from behind three times to draw 3-3 at Celtic in a Champions League thriller on Wednesday that ended the English team's 100 per cent start to the season under new coach Pep Guardiola.

City's winning run to open the campaign stopped at 10 games — one short of matching the English record — on a sloppy evening at Parkhead in Glasgow.

Fernandinho and Raheem Sterling scored equalizers for City in an action-packed first half after Celtic went ahead twice through Moussa Dembele, in the third minute, and Sterling's own goal in the 20th.

Dembele restored Celtic's lead barely a minute into the second half after Aleksandar Kolarov's defensive error, only for Nolito to equalize for City in the 55th.

City had previously won six matches in the Premier League, three in the Champions League between the group stage and qualifying, and one in the Eng-



"I'm happy with the reaction from the players": Pep Guardiola was positive after Wednesday's draw. MARK RUNNACLES/GETTY IMAGES



Atletico 1, Bayern 0
Arsenal 2, FC Basel 0

Besiktas 1, Dynamo Kyiv 1

Borussia Mon. 1, Barcelona 2

Celtic 3, Man. City 3
FC Rostov 2, PSV 2

Ludgorets 1, Paris SG 3
Napoli 4, Benfica 2

lish League Cup. That put City within sight of Tottenham's 11 straight wins to start the season "It's OK, it's one point, we didn't lose," said Guardiola, whose team faces Barcelona in back-to-back matches next.

The action-packed match saw City go behind and also concede more than once for the first time under Guardiola.

Celtic — thrashed 7-0 by Barcelona in its first Group C game — pressed high and forced errors in from City, whose defence was shambolic at times without rested John Stones and injured captain Vincent Kompany.

"Every time we went forward, we looked like we could score," Celtic manager Brendan Rodgers said. THE ASSOCIATED PRESS



Moussa Dembele scored twice for Celtic on Wednesday. MARK RUNNACLES/GETTY IMAGES

IN BRIEF

in the 1960-61 campaign.

The Chicago Cubs announced a five-year contract extension with president of baseball

Cubs re-up with Epstein

president of baseball operations Theo Epstein on Wednesday, rewarding him for an overhaul that has the long-suffering franchise eyeing its first championship since 1908.

The Cubs reached 100 wins for the first time since 1935 and were a major league-leading 101-56 heading into Wednesday's game at Pittsburgh.

THE ASSOCIATED PRESS

Ticats' Austin fined \$10K

Kent Austin won't be on the sidelines this weekend when the Hamilton Tiger-Cats host the CFL's top team.

CFL commissioner Jeffrey Orridge CFL fined Austin \$10,000 on Wednesday and banished him to the spotter's booth Saturday when Hamilton (6-7) takes on the Calgary Stampeders (11-1-1) for making contact with an official last weekend. It's the first time in league history a head coach has been disallowed from being on the field. THE CANADIAN PRESS

Marlins' Fernandez remembered in Miami

Somber Miami Marlins players and personnel escorted a hearse carrying the body of star pitcher Jose Fernandez from the team's ballpark Wednesday, as the farewell for their beloved teammate marched on.

As players and fans honoured Fernandez's memory, U.S. Sen. Marco Rubio sought a safety probe into the rock jetty where a boat crash claimed the lives of the baseball star and two friends. THE ASSOCIATED PRESS





RECIPE Sweet Potato and Apple Soup



Ceri Marsh & Laura Keogh For Metro Canada

Soup season starts now and we couldn't be happier. This one is a fall classic.

Ready in 50 minutes

Prep time: 10 minutes Cook time: 45 minutes Serves 4

Ingredients

- 1 large sweet potato, peeled and cut into 1-inch cubes
- 2 Tbsp olive oil, divided • pinch salt
- •1 clove garlic, minced
- •1 carrot, diced
- •1 yellow onion, diced
- 3 cups chicken stock · 2 apples, diced
- 1/2 tsp cinnamon
- pinch nutmea
- pinch ginger

• 1/2 cup coconut milk

Directions

- 1. Preheat oven to 400.
- 2. In a large bowl, toss sweet potato with 1 tablespoon of the olive oil and salt. Spread on a greased baking sheet and roast 20 minutes until tender.
- 3. In a large pot over medium heat, add remaining olive oil, garlic, carrot and onion. Cook, stirring ntil vegetables are tender, 10 minutes. Stir in stock and add sweet potato, apple and spices and cover. Simmer for about 15 minutes.
- 4. Remove from heat and using an immersion blender or blender, purée until smooth. Add more stock to adjust the consistency of the soup.
- **5.** Return soup to low heat, stir in milk and allow to simmer another 5 minutes then season to taste.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN ACROSS 1. New newts

5. Lively dance 10. 251 in an cient Rome

- 14. Coalition 15. "All systems _ _!" (All set!) 16. Sir Guinness 17. fide
- 18. Road trip layover 19. 'Slithy' Lewis Carroll creature 20. 1951 World War
- II-set movie starring Wendell Corey, with The, directed by Toronto-born director Allan Dwan ...who also directed the movie at
- #48-Across: 3 wds. 23. Stacks 24. Semblances
- 25. Field 28. Business firm
- abbr. 29. Wavy silk fabric 30. Film critic Jef-
- 32, 'Most Wanted' org.
- 35. Alberta town 36. Wedding cake layers
- 37. Hospital wing 38. "Sheesh!"
- 39. Crowded 40. Allegiant 41. Modern-day
- message 42. CFL player's numbered top 43. "What _ _ to say was..
- 46. Spy's old-time garment 48. Shirley Temple musical comedy of

1938, "Rebecca of

59 " (Trivia! Canadian actress Mary Pickford starred in the 1917 silent movie version) 52. Scottish tennis player Mr. Murray 53. Unusual 54. Bone to pick

56. Classical

solo tune

20

35

38

48

52

56

57. Aquatic mammal

53

57

60

58. Highway div-59. Camping beds 60. Emperors like Genghis 61. Additional games

DOWN

1. Dwindle 2. Move like a river 3. Ms. Collette 4. Outside-the-venue ticket touters 5. Play casino

as an auditioner)

_ pray..." ...said the sermon-giver 8. Arch type 9. Triangles and squares, for ex-

58

ample 10. Feline's treat 11. Lummoxes 12. Flood-preventing formation

13. Freezers

22. Not theirs 25. City's air prob-

26. Flag flyer

27. Cover

28. Centre 30. Laundry fuzz

31. Aye 32. Cardston, Alberta born actress Ms. Wray's

(b.1907 - d.2004) 33 Hillside

34. In an overly-cas-

ual fashion 36. Standard, as

37. Feasible

39. Say it isn't so

40. Dining room table lengthener 41. Country legend

Ms. Tucker, and namesakes

42. Wisecrackers 43. Violinist Mr.

44. Nobel-winning Canadian author Alice 45. Finish the love affair: 2 wds.

46. Terra_ 47. Actress Sophia 49. Baseball legend

Babe 50. Existent 51. Clothing de-

partment 55. Price

*** IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

Aries March 21 - April 20 Remember that you need more rest in the next few weeks. Interactions with partners and close friends also are more important

Taurus April 21 - May 21 Do whatever you can to feel that you are more efficient and on top of your game, as this will please you. This even applies to your health.

■ Gemini May 22 - June 21 Grab every chance to slip away on a vacation or to enjoy sports and playful activities with children. This is a fun time for your sign. Romance looks promising

Cancer June 22 - July 23 For the next few weeks, your focus is on home, family and your private life. You also will enjoy cocooning at home among familiar surroundings. Interactions with a parent will be significant.

Leo July 24 - Aug. 23 Accept your busy pace of short trips and visits, because this will continue for several weeks. Discussions with siblings, neighbors and relatives are significant.

Virgo Aug. 24 - Sept. 23 Because you sense that you can earn more money, your focus right now turns to earnings and cash flow. Think about what it is that you truly value and want.

Libra Sept. 24 - Oct. 23 This is a strong, energetic time for you because the Sun is in your sign. Since people and favorable circumstances easily will come your way, take advantage of this!

Scorpio Oct. 24 - Nov. 22 Continue to work alone or behind the scenes, for best results. Start to get your ducks in a row for when the Sun enters your sign and you are strong!

Sagittarius Nov. 23 - Dec. 21 Socialize extensively now, because the focus is on groups and friends this month. Examine the role these relationships play in your life, because they are important to you

Capricorn Dec. 22 - Jan. 20 It's easy for you to make a great impression on bosses. VIPs and parents right now. You have an advantage — make your pitch and go after what you want!

Aquarius Jan. 21 - Feb. 19 Travel will appeal to you now and in the next few weeks. Grab any opportunity to learn more and expand your experience of life

)—(Pisces

Feb. 20 - March 20 Tie up loose details regarding inheritances, shared property, taxes and debt, because this will be easy for you now. Look for ways to be the best that you can be.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and metronews.ca/games

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Celebrity Appearances

Get a crash course in creating
the ultimate pad from mustsee presenters at this year's
Main Stage. See designer and
HGTV host, **Sarah Richardson**,
on Friday, September 30th from
5:30pm – 6:30pm, and many other
favourites including editor-in-chief
of *Ottawa at Home* magazine,
Mary Taggart. Consult the full
stage schedule online.



KUB from the Micro-Loft Series

Tour this feature home by
Bonneville Homes. See
innovative ways to make your
small spaces amazingly wellequipped and make the most
of small bathrooms, kitchens
and more with some design
inspiration in this minimalist
1,000 sq.ft home.







High-Low Feature Room

Head down to the

High-Low Feature Room,
and test your décor skills.
This split-room feature will
have you guessing which
side costs more to decorate.
Vote "high" or "low" for your
chance to win \$10,000 worth
of La-Z-Boy furnishings!

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